

HESI A2 Cheat Sheet

PHYSICS

Motion

Types of Motion

- **Translational** – An object moves along a path in any of the three dimensions.
- **Rotational** – An object moves along a circular path around a fixed axis.
- **Linear** – The body moves in a single direction along a single dimension.
- **Periodic** – Motion that repeats itself after certain intervals of time.
- **Simple Harmonic** – A simple pendulum where a restoring force acts in the direction opposite to the direction of motion of the object. This restoring force is proportional to the displacement of the object from the mean position.
- **Projectile** – Motion which has a horizontal displacement as well as vertical displacement.
- **Oscillatory** – Repetitive in nature within a time frame. If it is mechanical it is called vibration.

Newton's Laws of Motion

- **First Law** - Any object will remain in its existing state of motion or rest unless a net external force acts on it.
- **Second Law** - The greater the mass of an object, the greater the force required to accelerate the object. It is represented by the equation $F = ma$.
- **Third Law** - For every action, there is an equal and opposite reaction.

Acceleration

The average acceleration is the rate at which velocity changes.

Formula: $a_{avg} = \frac{\Delta v}{\Delta t} = \frac{v_f - v_i}{t_f - t_i}$

Friction

Friction is a force that opposes relative motion between systems in contact.

- magnitude of static friction: $f_s \leq \mu_s \cdot N$
- magnitude of kinetic friction: $f_k = \mu_k N$

Rotation

Average angular acceleration: $\bar{\alpha} = \frac{\Delta \omega}{\Delta t}$

Rotational and Linear Variables - Relationships

- magnitude of angular displacement: $\theta = \frac{s}{r}$
- magnitude of angular velocity: $\omega = \frac{v}{r}$
- magnitude of angular acceleration: $\alpha = \frac{a}{r}$

	<p>Kinematics of rotational motion: the relationships between the angle of rotation, angular velocity, angular acceleration, and time.</p> <p>Extend this definition to any system of particles by adding up the kinetic energies of all the constituent particles: $K = \sum \frac{1}{2}mv^2$.</p>
<p>Uniform circular motion</p>	<p>An object undergoing uniform circular motion is always accelerating, even though the magnitude of its velocity is constant.</p> <p>Centripetal acceleration - For an object traveling at speed v in a circular path with radius r, the magnitude of centripetal acceleration is: $a_c = \frac{v^2}{r}$.</p>
<p>Kinetic Energy</p>	<p>The kinetic energy of a particle is one-half the product of the particle's mass and the square of its speed.</p> <p><i>Formula:</i> $K = \frac{1}{2}mv^2$</p>
<p>Potential Energy</p>	<ul style="list-style-type: none"> ▸ A scalar function of position that can be defined for any conservative force in a way that makes it easy to calculate the work done by that force over any path. <p>Calculating the work done by a conservative function along an arbitrary path by taking the difference in potential energy evaluated at the two endpoints:</p> $W = U(\vec{r}_B) - U(\vec{r}_A)$
<p>Linear momentum</p>	<p>Linear momentum is defined as the product of a system's mass multiplied by its velocity: $p = mv$.</p> <p>! Momentum is directly proportional to the object's mass and also its velocity. Thus the greater an object's mass or the greater its velocity, the greater its momentum.</p> <p>In the context of Newton's second law of motion - The net external force equals the change in momentum of a system divided by the time over which it changes.</p> <p><i>Formula:</i> $\vec{F}_{net} = \frac{\Delta\vec{p}}{\Delta t}$</p> <p>Impulse - Change in momentum</p> <ul style="list-style-type: none"> ▸ the average net external force multiplied by the time this force acts: $\Delta\vec{p} = \vec{F}_{avg, net} \cdot \Delta t$
<p>Universal Gravitation</p>	<p>Objects with mass feel an attractive force that is proportional to their masses and inversely proportional to the square of the distance.</p> <p><i>Formula:</i> $F = G \frac{Mm}{r^2}$</p>
<p>Waves</p>	<ul style="list-style-type: none"> ▸ Transverse waves: oscillations occurring perpendicular (or right-angled) to the direction of energy transfer. <p><i>Wave propagation speed:</i> $v = \lambda f$</p> <ul style="list-style-type: none"> ▸ Longitudinal waves: the movement of the medium is in the same direction as the motion of the wave.

! Water waves comprise both transverse and longitudinal waves.

Characteristics:

- **Amplitude:** half of the distance measured from crest to trough.
- **Wavelength:** the spatial period of the wave (from crest to crest or trough to trough).
- **Frequency:** the number of cycles per unit of time (the number of crests that pass a fixed point per unit of time).
- **Velocity:** the rate at which the phase of the wave propagates in space.

Energy Transportation

Waves carry energy along an axis defined to be the direction of propagation.

! Electromagnetic waves can be imagined as self-propagating transverse oscillating waves of electric and magnetic fields.

Relation of waves: $v = f\lambda$

Sound waves are **mechanical waves**, meaning, they require a medium to travel through.

- Longitudinal in air and water.
- Can be both longitudinal and transverse in solids.

Electricity and Magnetism

The electric force is created by **electric charges**.

- charged particles: protons (+1) and electrons (-1)

Coulomb's Law: $F = k_e \cdot \frac{|q_1 \cdot q_2|}{r^2}$

Electric Dipole Moment: $\vec{p} = q\vec{d}$

- The direction of the dipole moment is that it points from the negative charge to the positive charge.

The effect that a uniform electric field has on a dipole - Each individual charge feels a new force from the field, but the charges are equal in magnitude, and the forces act in opposite directions, so the net force on it is zero.

Torque on a dipole: $\vec{\tau} = \vec{p} \times \vec{E}$

Potential energy charge for a rotating dipole: $U = -\vec{p} \cdot \vec{E} = -pE \cos(\theta)$

Electric field of a dipole: $\vec{E} = \frac{1}{4\pi\epsilon_0} \cdot \frac{2p}{r^3}$